**CARERS CONTACT POINTS**

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| **RESOURCE** | **CONTACT NUMBER** |
| Carers Linewww.carersuk.org | The Carers UK Advice line is open Monday to Friday, 10am-4pm. Call 0808 808 7777 or email advice@carersuk.org |
| Carers Trust[www.carers.org](http://www.carers.org)support@carers.org | **London office:** 14 Bourne Court, Southend RoadWoodford Green IG8 8HDTel: 0844 800 4361Fax: 0844 800 4362 |
| Community Nursing ServiceSingle point of Access  | Tel : 020 8614 5300Tel: 020 8630 3943 |
| Occupational Therapy | [www.hrch.nhs.uk/community-recovery-service](http://www.hrch.nhs.uk/community-recovery-service) |
| Falls Prevention Service | Hounslow and Richmond 020 8714 4096 |
| Richmond Social Services | Email: adultsocialservices@richmond.gov.ukTelephone: 020 8891 7971Textphone: 18001 020 8891 7971 |
| Red Cross Home Care Services | Provide short-term practical and emotional support at home to help people regain their independence.London Area office: 28 Worple RoadWimbledonSW19 4EE **0208 944 0246**West Middlesex Patient EscortsWest Middlesex University HospitalTwickenham road TW7 6AF0208 560 2121West Middlesex Patient EscortsWest Middlesex University HospitalTwickenham roadLondonTW7 6AF0208 560 2121 |
| Women’s Royal Voluntary Service (WRVS) | Call 0845 608 0122\*Monday to Friday: 8am - 6pm  |
| Local Carer’s organisation | Richmond Carers Centre5 Briar RoadTwickenhamTW2 6RB **Telephone:** 020 8867 2380 **Email:** info@richmondcarers.org **Website:** [http://www.richmondcarers.org](http://www.richmondcarers.org/) |
| Community Matron | Fax: 020 8614 5450Or SPA Tel: 020 8630 3943 |
| Respite ProvidersContact the Carers Trust | [www.carers.org](http://www.carers.org)support@carers.org |
| Local Carer Charities Richmond Carers Hub ServiceCrossroads Care (Kingston& Richmond) | <http://www.richmondchs.org/>For more information on Crossroads Carehttp://www.carers.org/local-service/richmond-and-kingston |